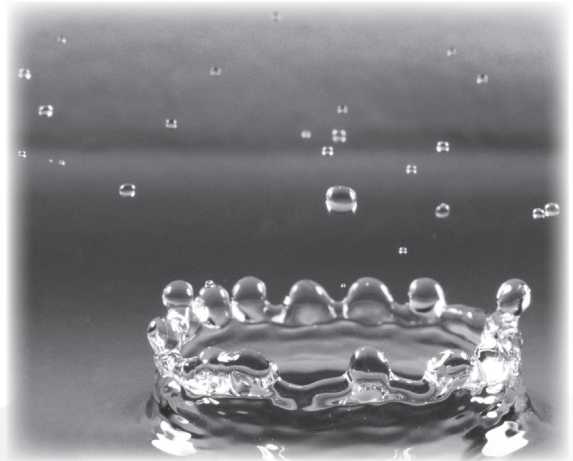


Making Rain

2

This is a fun body percussion activity which requires no attention to specific rhythms. Have the students watch and perform with you the following sequence of sounds:

1. Rub hands together (5 seconds)
2. Snaps (5 seconds)
3. Pat thighs softly (5 seconds)
4. Pat thighs louder (5 seconds)
5. Clap softly (5 seconds)
6. Clap louder (10 seconds)
7. During loud clapping, make thunder sounds vocally
8. Clap softly (5 seconds)
9. Pat thighs loudly (5 seconds)
10. Pat thighs softer (5 seconds)
11. Snaps (5 seconds)
12. Rub hands together (5 seconds)



Don't feel the need to adhere rigidly to the time suggestions. Your rain may vary. You may even choose to put another swell or two into the stormier sections.

Pat-a-Cake: Body Percussion Disguised as a Game

There are many street rhymes and finger plays from around the world that are basically chants with body percussion. Clapping games, from the European rhyme *Pease Porridge Hot* to the West African song *Sorida*, combine rhythm and rhyme with a teamwork aspect.

The following is a simple clapping pattern which can accompany literally thousands of rhymes. Divide the students into pairs and have the students of each pair face each other. Teach the following clapping patterns:

Pattern 1:

- Clap own hands.
- Clap partner's hands.
- Clap back of hands to back of partner's hands.
- Clap partner's hands.

Pattern 2:

- Clap own hands.
- Clap partner's right hand with your right hand.
- Clap own hands.
- Clap partner's left hand with your left hand.

Perform Pattern 1 twice, then Pattern 2, then repeat Pattern 1. If time allows, have the pairs create a new pattern.

