

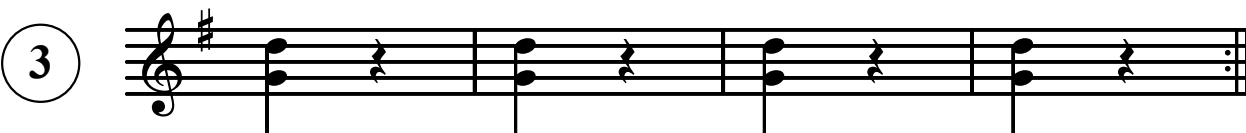
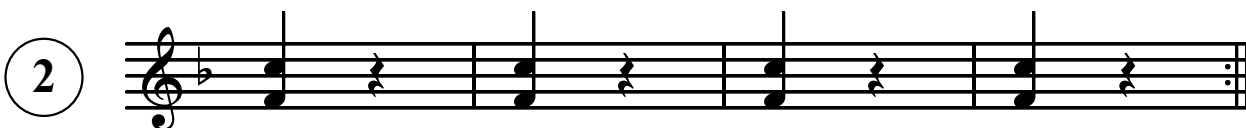
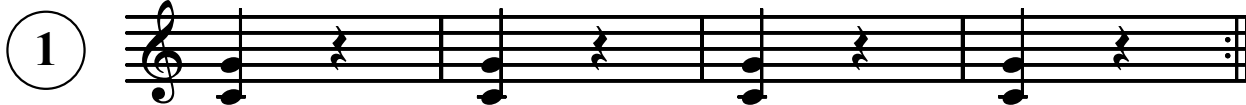
# One-a-Day Warm-ups

Process:

1. Say and Pat pattern / "Feel" rests
2. Sing song and Pat / Clap patterns
3. Say and Play patterns
4. Sing and Play

Once patterns are learned, add a song from the Sing-Along Songs!

Borduns: CHORDS



LEVEL

High

4

Low

High

5

Low

High

6

Low

INTERVAL

7

8

9