

# Now and Forevermore

## (I Will Lift My Eyes)

SATB with opt. Rhythm and Instruments

Words by **Mary McDonald**  
based on **Psalm 121**

Music by  
**Mary McDonald**

1/9 Gently rhythmic ♩ = 84-88

The piano introduction is in 4/4 time, featuring a gentle, rhythmic accompaniment. The right hand plays a series of chords and moving lines, while the left hand provides a steady bass line. The tempo is marked as 84-88 beats per minute.

4 SA *mp*

Be still\_ and lis - ten\_

The vocal line for Soprano and Alto (SA) begins at measure 4. The piano accompaniment continues with a steady accompaniment. The lyrics are "Be still\_ and lis - ten\_".

7

and hear\_ His voice;\_ a-bide\_ in His pres -

The vocal line continues with the lyrics "and hear\_ His voice;\_ a-bide\_ in His pres -". The piano accompaniment provides a consistent accompaniment.

10 2/10

- ence\_ and know\_ the joy!\_

The vocal line concludes with the lyrics "- ence\_ and know\_ the joy!\_". The piano accompaniment continues with a steady accompaniment.

□ indicates CD track number.

13 SA

He will not

TB *mel. mp*

He will not slumber,

15

slumber nor sleep; He is our Cre-

nor will He sleep;

18 3/11

- tor; our watch He'll keep.

21 *mel. mf*

*mf*

I will lift up my eyes to the Fa - ther, the

*mf*

24

Mak - er of heav - en and earth, who for -

26

ev - er will keep me whole. For

29

He will watch o - ver and keep me from fall - ing, and

32

see to my com - ing and go - ing both now and for - ev - er

35

more, for - ev - er - more. *dim.*

*dim.*

4/12

38

41

*mp**mp*

I plead\_ to You,\_\_\_ Lord,\_\_\_ in all\_\_\_ I do;\_

44

sur-round - ed by your pres - ence,\_\_\_

47 *mf* I'll fol - low You. *mf* Speak, I will lis -

50 - ten and hear Your voice;

53 Lord, I will praise You, sing and re-joice!