

In honor of Lahonda Sharp, for her 33 years of service
as Music Director of Christ Church (United Methodist) Sugar Land, Texas

Your Help Comes from the Lord

SATB and Solo with opt. Oboe and Cello

Words by **Herb Frombach**
based on **Psalm 121**

Music by
Mark Hayes

① Moderately, freely ♩ = ca. 88

+Vc. +Ob.

mp

4

mf

7 ② Alto Solo *poco rit.* *a tempo* *mp*

TB

I lift my eyes to the

-Ob., Vc.

mp poco rit. *a tempo*

The musical score is written for piano and voice. It begins with a piano introduction in 4/4 time, marked 'Moderately, freely' with a tempo of approximately 88 beats per minute. The piano part features a melody in the right hand and a harmonic accompaniment in the left hand. The introduction is marked with a circled '1' and includes dynamic markings of *mp* and *mf*. The score then transitions to a vocal section starting at measure 7. The vocal part is written for Alto Solo and Tenor Bass (TB). The lyrics are 'I lift my eyes to the'. The vocal line is marked with a circled '2' and includes performance directions such as *poco rit.* and *a tempo*. The piano accompaniment continues throughout, with dynamic markings of *mp* and *poco rit.*. The score includes optional parts for Oboe and Cello, indicated by '+Ob.' and '-Ob., Vc.'.

□ indicates CD track number.

10 +SA *mp*

hills, where does my help come from? Your *mp*

13

help comes from the Lord, the mak - er of heav'n and

+Vc. +Ob.

16

earth, the King of cre - a - tion, the

-Ob.

Review Only

18 *mf* *rit.* *mp*

one true God, the source of your life and worth.

mf *mp*

+Ob. *mf* *rit.* *mp*

21 *Alto Solo*
a tempo *mf*

I lift my eyes to the hills,

-Ob., Vc. *mf a tempo*

23 *+SA* *mp*

where does my help come from? Your *mp*

mp

33 *a tempo*

The Lord will keep you from harm,

-Ob. *a tempo* +Ob.

35 *mf*

watch - ing o - ver all of your life. The

-Ob. *mf* +Ob.

37

Lord watch - es o - ver your com - ing and go - ing, both

Review Only

39

now and for - ev - er - more, both

41

now and for - ev - er - more.

rit. **f** *a tempo rit.*

rit. **f** *mf a tempo rit.*

Alto Solo

a tempo **mf**

44

I lift my eyes to the hills, where does my help come

-Ob. +Ob.

a tempo

47 *mf* +SA

from? Your help comes from the Lord. The

50 6 *mf*

sun will not harm you by day. The

52 *mf*

moon will not harm you when dark the night. Your

-Ob.

54 *mf*

The Lord will keep you from
trust He will nev - er be - tray.

57

harm, watch - ing o - ver all of your life. The

+Ob.

60

Lord watch - es o - ver your com - ing and go - ing, both

-Ob.

62

now and for - ev - er - more, both

+Ob.

64

7

rit.

f

now and for - ev - er - more, both

-Ob.

rit.

f

66

Slower ♩ = ca. 84

now and for - ev - er, both now and for - ev - er, both

Slower ♩ = ca. 84

+Ob.

68

now and for - ev - er - more.

Your help_ comes from the

71

Your help_ comes from the Lord,

Lord, from the Lord,

Your help_ comes from the

73

Lord, *rit.* *ff* *a tempo*

from the Lord.

ff

-Vc. +Vc.

rit. *ff* *a tempo*

3