

Eat Your Veggies!

Two-part and Piano*

Jacques Offenbach

Arranged, with lyrics, by Mark Weston

① Lively, but not too fast ♩ = ca. 112

5

9

I *mf*

Beets and peas and cab-bage leaves, wa-ter-ress and broc-co-li,

II *mf*

Beets and peas and cab-bage leaves, wa-ter-ress and broc-co-li,

Duration: approx. 1:55

*Also available: Performance/Accompaniment CD (99/3941H).

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I
let - tuce, bok choy, tur - nip greens, gar - lic, chives, and cel - er - y.—

II
let - tuce, bok choy, tur - nip greens, gar - lic, chives, and cel - er - y.—

17

I
Sweet po - ta - to, ok - ra, corn, cau - li - flow - er, scal - lion,

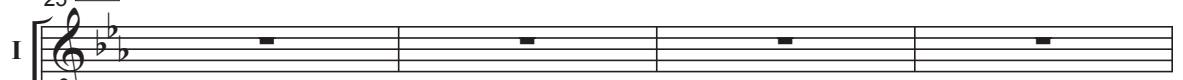
II
Sweet po - ta - to, ok - ra, corn, cau - li - flow - er, scal - lion,


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I
mus - tard greens and au - ber - gine, pin - to beans and black-eyed peas.—


II
mus - tard greens and au - ber - gine, pin - to beans and black-eyed peas.—

25 2


I 

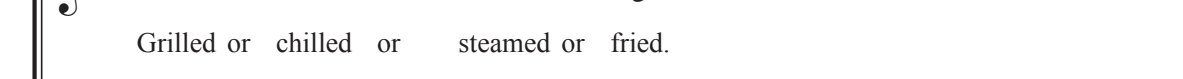
II 

f Eat your veg - gies:




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I *f*  Grilled or chilled or steamed or fried.

II 

Eat your veg - gies:



33

3

I  Sliced or diced or spi - ral-ized.

II 



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I
Five am - ple serv - ings dai - ly,

II
keep you strong and

41

I
keep your bod - y fit, and feel - ing fine.

II
health - y; With vi - ta -

45

I
veg - gies help you

II
mins, nu - tri - ents and fi - ber,