## One-a-Day Warm-ups

## Process:

- 1. Say and Pat pattern / "Feel" rests
- 2. Sing song and Pat / Clap patterns
- 3. Say and Play patterns
- 4. Sing and Play

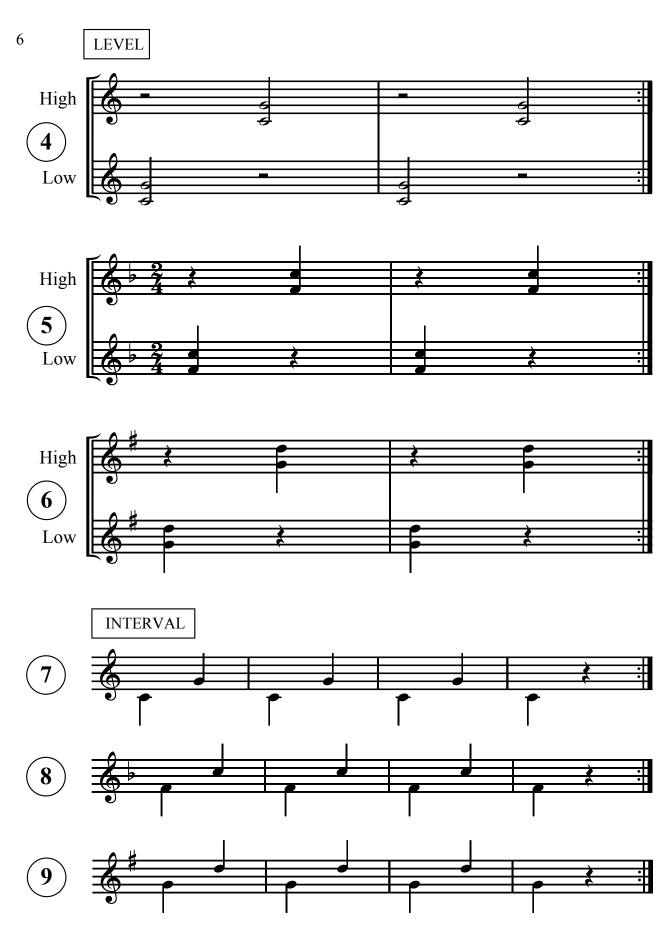
Once patterns are learned, add a song from the Sing-Along Songs!

Borduns: CHORDS









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